

Pastas

Add Chicken \$4 - Mahi \$6 - Salmon \$12

Creamy Penne Alfredo—Fresh to order Alfredo tossed with Penne topped with tomatoes and scallions. (Chef recommendation: Try it Cajun Style with blackened chicken) \$14

Chicken Broccoli Penne—Light penne pasta tossed with grilled chicken and broccoli. \$14

Penne with Meatballs—Penne pasta tossed in house made marinara. \$14

Loaded Mac and Cheese—Penne pasta in a creamy cheese sauce topped with crispy chicken, bacon, and scallions.

Salads

Add Chicken \$4 - Mahi \$6 - Salmon \$12 Add Steak: 5oz—\$10 Dressings: Ranch, Balsamic Vinaigrette, Caesar, Blue Cheese

House Salad—Bed of spring mix topped with carrots, cucumbers, tomato, red onion croutons, and a choice of dressing. \$8

Caesar Salad—Chopped romaine lettuce topped with fresh grated parmesan cheese, croutons and Caesar dressing. \$8

Steak Salad—Mixed greens tossed with balsamic vinaigrette topped with tomato, cucumbers, roasted onion, mozzarella, French fries, and grilled steak. \$16

Entrees

Served with two sides

Teriyaki Salmon—Sesame teriyaki salmon grilled to perfection. \$20
Grilled Chicken Breast—Fresh herb marinated chicken. Choice of grilled or blackened. Full portion \$16 | Half portion \$13

Bistro Steak—10 oz cut fresh and seasoned. Grilled to your desired temp. Served with house steak sauce. **\$24**

Blackened Mahi—Spiced seared mahi served with sides. Full portion \$20 | Half portion \$16

Handhelds

(Handhelds come with fries/reg. side if not stated otherwise)

Build Your Own Burger/Chicken Sandwich—\$12

Reg. Toppings: \$0.50

- Swiss, Cheddar, Mozzarella, or American Cheese.
- Sauteed Mushrooms, Sauteed Onions, or Sauteed Peppers.

Grilled Cheese and Soup—Our tomato soup paired with a cheddar, Swiss and bacon grilled cheese (no sides included) \$12

Beyond Burger—Beyond burger patty on a Brioche bun topped with lettuce, tomato and red onion (Add regular and premium toppings for prices listed). \$15

Grilled Chicken Wrap—Flour tortilla filled with crispy, grilled or blackened chicken, spinach, cucumber, tomato, shredded carrots, mozzarella, and balsamic dressing. \$14

Prem. Toppings: \$1

- Fried egg
- Applewood Smoked Bacon
- Pepperoni
- Jalapeños

Philly Cheese Steak—Classic Philly with shredded ribeye, onion, peppers, mushrooms, and white American cheese. \$16

Blackened Bistro Steak—Blackened and cooked to your liking topped with caramelized onions and cheddar cheese on a toasted hoagie. \$16

Salmon BLT Wrap—8oz grilled salmon, lettuce, tomato, bacon, and pesto mayo \$18

Meatball Hoagie—Meatballs and marinara with melted mozzarella \$14

Sides

- French Fries \$4
- Garlic Basmati Rice \$3
- Broccoli \$3
- Brussels Sprouts \$3.50
- Curly Fries \$6
- Fresh Fruit \$3
- Sweet potato fries \$6
- Penne Mac n Cheese \$5
- Caesar or House Salad \$5

WARNING!

Consuming raw or undercooked meats, poultry, seafood or eggs may increase the risk of foodborne illness. *We trust that you will inform your server and a member of our management team of any allergen concern.

Appetizers

Hub Daggers—Hand breaded chicken tenders deep fried and tossed in your favorite wing sauce. Choice of ranch or blue cheese. \$16

Loaded French Fries—Loaded plate of French fries topped with cheddar jack cheese, bacon and green onion. \$12

Hub Dagger Fries—Hand breaded chicken tenders tossed in your favorite wing sauce, piled up on top of our loaded fries.**\$16**

Pesto Meatball—Meatballs topped with marinara and melted mozzarella drizzled with pesto. \$12

Chips & Salsa—Chunky salsa served with fresh made tortilla chips. \$6

Brussel Sprouts—Crispy brussels sprouts tossed in maple Dijon dressing with bbq pecans, bacon fresh apples and white sesame seeds. **\$12**

Mozzarella Sticks—Served with our house made marinara. **\$11**

Garlic Lime Edamame—Seasoned with garlic, red pepper, and lime. \$12

Bavarian Pretzel—Fresh hot pretzel sprinkled with sea salt and cheese sauce on the side. **\$12**

Chicken Wings \$16

Sauces: mild, medium, hot, extra hot, bbq, teriyaki, or garlic parmesan.

8 bone-in chicken wings fried and tossed in your choice of sauce. Option of side ranch or blue cheese.

(Add celery & carrots +\$0.50) (ALL Drums or ALL Flats +\$1)

Desserts

Reese's Peanut Butter Pie—Our famous crunchy peanut butter filling and chopped Reese's peanut butter cups put into a rich chocolate crust. \$8

New York Cheesecake—Creamy New York cheesecake poured into our homemade graham cracker crust. \$8

Chocolate Cake—This decadent cake is two layers high and covered with a chocolate icing and chocolate chips. \$8

Cookie—Freshly baked in-house \$1.50

Flatbreads

Steak and Mushroom—Steak, red onion, fresh spinach and mushrooms drizzled with a balsamic glaze. \$15

Chicken Bacon Ranch—Grilled chicken, cheddar jack cheese, and bacon topped with lettuce, tomato, and a drizzle of ranch. \$14

Margherita—Classic pesto base, mozzarella cheese and tomatoes drizzled with a balsamic glaze. \$14

Chef's Recommendation: Add meatballs +\$3

Cheese Pizza—House made marinara topped with mozzarella. \$11
Add pepperoni +\$2

Soups

Tomato Bisque—Creamy tomato soup \$7
Soup Du Jour—Ask your server. Mkt. \$

Kid's Menu

Chicken Tenders—Our fried tenders served with French fries or fruit. \$7

Grilled Cheese—Classic grilled cheese served with French fries or fruit. \$7

Kid's Cheese Pizza—Smaller portion of our Cheese Pizza. \$6 Add pepperoni: \$1

Penne Mac n Cheese—Penne pasta with creamy cheese sauce. \$7

Smoothies

All smoothies are 24oz. \$10 Add vanilla protein \$2 Add acai \$2

Golden Knight—Pineapple, mango, white chocolate, yogurt.

Dark Knight—Banana, peanut butter, dark chocolate.

Berry Bomb—Berry medley, banana, yogurt.

Hub Indulgence—Dark + White Chocolate, peanut butter, yogurt.

Detox Oasis—Mango, pineapple, spinach, kale and fresh ginger.

Running with the Bulls—4 oz Red Bull—regular or sugar-free, berry medley, banana.

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4304 Metric Dr.



Winter Park, FL 32792